

<b>Palomares out-and-back *with a twist*</b>			
<b>57.4</b>	<b>miles</b>	<b>3250 feet of Climbing</b>	
<b>at</b>	<b>go</b>	<b>cycle on</b>	<b>for</b>
0.0	Start	Peet's Coffee, Central & Park	0
0.0	~	Central Avenue	1
1.0	R	Fernside Drive	0.5
1.5	L	over Bike Bridge then left	0.5
2.0	L	Doolittle Drive	4
6.0	L	Farralon Drive	0.6
6.6	R	Wicks Blvd	0.2
6.8	L	Manor Blvd	0.5
7.3	L	Farnsworth St.	0.2
7.5	S	Turns into Floresta, Halcyon	2.5
10.0	S	Fairmont	2.5
12.5	L	Seven Hills Road	0.5
13.0	R	Redwood Road	1
	STOP	PEETS - Water/Restrooms	
14.0	R	Castro Valley Blvd	2
16.0	L	Villareal Drive	1.5
17.5	R	Greenville Place	0.1
17.6	R	Pineville Circle	0.4
18.0	R	W. Lyndon Loop	0.2
18.2	R	Sunnyslope Ave. (Thru Gate)	1.3
19.5	R	Castro Valley Blvd	0.1
19.6	L	Palo Verde Road	0.4
20.0	R	Palomares Road (5 mile climb)	9.6
29.6	U	Niles Canyon Boulevard	0
29.6	S	Palomares Road (5 mile climb)	9.6
39.2	L	Paloverde Road	0.4
39.6	L	Castro Valley Blvd	3.6
	STOP	PEETS - Water/Restrooms	
43.2	R	Lake Chabot Road	2
45.2	R	Lake Chabot Road, goes right	2.6
47.8	S	Estudillo Ave	0.5
48.3	L	Bancroft Ave	0.1
48.4	R	Juana Ave	0.6
49.0	L	Hays Street	0.2
49.2	R	Williams Street	1.9
51.1	R	Doolittle Drive	4.5
55.6	R	onto Bike Path, Bike Bridge	0.3
55.9	R	Fernside Drive	0.5
56.4	L	Central Avenue to Peet's	1
57.4	Stop	Peet's Coffee, Central & Park	0
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