

<b>Alameda/ Mt Diablo Ride</b>			
<b>85 Miles, 7500 Feet Altitude Gain</b>			
<b>Tot Miles</b>	<b>Turn</b>	<b>For</b>	<b>Street</b>
0.0	Start	0.0	Peet's Coffee, Central & Park
0.0	L	1.0	Park Street, over Bridge to Oakland
1.0	L	0.2	Rotary around 7-11 counterclockwise
1.2	C	0.2	Kennedy St
1.4	L	0.8	Embarcadero
2.2	R	0.8	Overpass becomes E 16th Avenue
3.0	L	0.1	E 21st Street
3.1	R	0.8	E 14th Avenue
3.9	C	0.4	Beaumont Avenue
4.3	R	1.7	Park Boulevard
6.0	L	0.2	Mountain Blvd
6.2	R	0.3	Snake/ Shepards Canyon
6.5	L	2.0	Snake
8.5	R	1.0	Skyline Road
9.5	L	4.0	Pinehurst Road
13.5	L	2.5	Canyon Road becomes Moraga Rd
16.0	R	3.2	St Marys Road
19.2	R	0.1	Glenside
19.3	L	1.0	Reliez Station Road
20.3	R	1.1	Olympic
21.4	R	0.9	Tice Valley Road
22.3	R	0.3	Crest Avenue
22.6	L	0.5	Hillgrade
23.1	R	1.4	Danville Blvd
24.5	L	3.1	Stone Valley Road
27.6	R	0.6	Green Valley Road
28.2	L	1.6	Diablo Road
29.8	C	0.0	becomes Blackhawk Road
29.8	L	6.7	Mount Diablo Scenic Blvd
36.5	R	4.6	Summit Road
41.1	~	0.0	Summit of Mt Diablo, take a break
41.1	~	4.6	Summit Road
45.7	S	7.9	North Gate Road
53.6	R	0.1	Castlerock Road
53.7	L	1.6	Walnut at roundabout
55.3	L	1.8	Ygnacio Valley
57.1	L	0.4	Civic Drive
57.5	L	0.4	Broadway (Bike Shop)
57.9	R	0.4	Mount Diablo Blvd (food opportunities)
58.3	L	0.2	South California Street
58.5	R	2.5	Olympic
61.0	R	3.0	Onto Bike path thru Lafayette
64.0	L	4.0	St Mary's Rd (bike path until Rheem)
68.0	L	2.5	Moraga road becomes Canyon
70.5	R	4.0	Pinehurst Canyon Road
74.5	X	0.0	Skyline Road
74.5	S	2.0	Shephard's Canyon Road
76.5	L	0.2	Mountain Blvd
76.7	R	3	Park Blvd
79.7	S/L	0.4	4th
80.1	L	0.1	16th
80.2	R	1	5th
81.2	L	2.8	Embarcadero
84.0	R	1	Park Street
85.0	End	0.0	Peet's Coffee, Central & Park