

Three Bears, Two Bridges Ride

(starts at Orinda BART)

| | | | |
|-----------|-------------|-------------------------------|------------|
| | 60.0 | miles | |
| | | | |
| At | Go | cycle on Road | For |
| 0.0 | S | leave BART Parking lot | 0.3 |
| 0.3 | L | San Pablo Dam Road | 8 |
| 8.3 | R | Castro Ranch Road | 4.2 |
| 12.5 | L | Pinole Valley Road | 4 |
| 16.5 | R | San Pablo Avenue | 6 |
| 22.5 | L | onto Zampa Bridge Bike Path | 2 |
| 24.5 | S | Sonoma Blvd | 0.5 |
| 25.0 | R | Magazine Street | 2.2 |
| 27.2 | L | Old Glen Cove Road | 0.3 |
| 27.5 | R | Glen Cove Parkway | 1.2 |
| 28.7 | L | North Regatta Drive | 1 |
| 29.7 | L | Bay Trail (thru gate) | 0.2 |
| 29.9 | L | Dillon Point Road | 1.6 |
| 31.5 | S | Park Bikepath | 1 |
| 32.5 | R | West K Street | 3 |
| 35.5 | L | East 7th Street | 0.1 |
| 35.6 | R | Military Highway > Park | 0.5 |
| 36.1 | R | onto Martinez Bridge Bike Pth | 2.2 |
| 38.3 | S | Amorca Road | 1 |
| 39.3 | R | Marina Vista Road | 1.2 |
| 40.5 | L | Berrellesa Street | 1 |
| 41.5 | S | Alhambra Avenue | 2.6 |
| 44.1 | R | Alhambra Valley Road | 4.8 |
| 48.9 | L | Bear Creek Road (3 Bears) | 8.3 |
| 57.2 | L | San Pablo Dam Road | 2.5 |
| 59.7 | R | Into BART Parking Lot | 0.3 |
| 60.0 | S | End | |
| | | | |
| | | created by Brian Aldrich | |
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