Redwood Loop			
30 miles, 2000 feet climbing			
at	go	cycle on Road	for
0.0	Start	Kaiser Steps, Central & Park	0
0.0	~	Central Avenue	1
1.0	R	Fernside Drive	0.5
1.5	L	over Bike Bridge then left	1.2
2.7	L	Doolittle Drive	4.2
6.9	L	Williams Street	2.2
9.1	S	cross 14th to Elsie Ave	0.5
9.6	L	San Rafael Street	0.1
9.7	R	Maud Ave	0.2
9.9	L	Grand Ave	0.4
10.3	R	Lake Chabot Road	2.6
12.9	L	Lake Chabot Road	1.1
14.0	L	Quail becomes Walnut	1
15.0	R	Proctor	0.6
15.6	L	Redwood Road	9
24.6	S	Redwood Road (cross Skyline)	1.2
25.8	S	becomes 35th Avenue	2.5
28.3	R	thru BART then left	0.2
28.5	R	San Leandro Street	0.1
28.6	L	Fruitvale Avenue	0.5
29.1	S	becomes Tilden Way at bridge	0.3
29.4	L	Broadway	0.4
29.8	R	Central to Kaiser or Peets	0.2
30.0	End	Kaiser or Peets	0
		created by Brian Aldrich	