Alameda, Sierra, Calaveras, Palomares Loop			
	102.6	miles	6000 feet of Climbing
Tot Miles	Direction	Cogmont	Pond / Sogmont
		Segment	Road/ Segment
0.0	Start ~	0	Peet's Coffee, Central & Park Central Avenue
1.0	R	0.5	Fernside Drive
1.0	L	1.2	over Bike Bridge and left on Bike Path
2.7	L	4.8	Doolittle Drive
7.5	L L	0.6	Farralon Drive
8.1	R	1.1	Wicks Blvd
9.2	L	1.1	Lewelling Blvd
10.6	R	0.2	Frontage Road
10.0	R	9.2	Hesperian
20.0	L	7	Alameda Creek Bike Trail
20.0		5.5	Mission
32.5	L	1.6	Paseo Padre >> E. Warren
34.1	L	1.8	Warm Springs
35.9	L	0.7	Scott Creek road (Kato to R)
36.6	R	1.7	Green Valley Drive >> N Park Victoria Dr.
38.3	L	1.1	Jacklin
39.4	S	1.1	Evans
40.5	S	3.1	Piedmont Rd.
43.6	L	5.8	Sierra Road (super hard climb!)
49.4	S	4.1	becomes Felter Road
53.5	R	15.6	Calveras Road (begins with steep climb)
69.1	S	0.9	becomes Paloma Road
70.0	R	0.5	Main Street
70.5	S	4.1	Niles Canyon Road
74.6	R	9.6	Palomares Road (5 mile casual climb)
84.2	L	0.4	Paloverde Road
84.6	L	3.6	Castro Valley Blvd
88.2	R	2	Lake Chabot Road
90.2	R	2.6	Lake Chabot Road, same road, goes right
92.8	С	1.2	Estudillo, cross E 14th then thru Mall
94.0	L	0.4	Hays Street
94.4	R	1.9	Williams Street
96.3	R	4.5	Doolittle Drive (nearly until bridge)
100.8	R	0.3	onto Bike Path and over Bike Bridge
101.1	R	0.5	Fernside Drive
101.6	L	1	Central Avenue to Peet's
102.6	Stop	0	Peet's Coffee, Central & Park