Alameda Metric Century			
	61.3	miles	4000 feet of climbing
	02.0		root rect or chimbing
Tot Miles	Direction	Segment	Road/ Segment
0.0	Start	0	Peet's Coffee, Central & Park
0.0	L	1	Park Street, over Bridge to Oakland
1.0	L	0.2	Rotary around 7-11 counterclockwise
1.2	С	0.2	Kennedy St
1.4	L	0.8	Embarcadero
2.2	R	0.8	Overpass becomes E 16th Avenue
3.0	L	0.05	E 21st Street
3.1	R	0.8	E 14th Avenue
3.9	С	0.4	Beaumont Avenue
4.3	R	1.7	Park Boulevard
6.0	L	1.2	Mountain Blvd
7.2	L	0.1	Florence Terr
7.3	С	0.2	Duncan Way
7.5	С	0.3	Broadway Terr
7.8	X	0	Highway 13 (under)
7.8	R	0.5	Lake Temescal Bike Path, take 2 rights
8.3	R	0.6	Broadway
8.9	L	0.1	Over Highway 24
9.0	L	0.1	Caldecott Lane
9.1	R	3.2	Old Tunnel Road
12.3	R	7.8	Grizzly Peak Blvd
20.1	R	6.7	Wildcat Canyon Road
26.8	R	2.5	Camino Pablo
29.3	S	4.7	Moraga way
34.0	R	1.9	Canyon
35.9	L	2.7	Pinehurst
38.6	L	6.8	Redwood Road
45.4	R	0.6	Proctor Road
46.0	L	1	Walnut becomes Quail
47.0	R	2	Lake Chabot Road
49.0	R	2.6	Lake Chabot Road, same road, goes right
51.6	С	1.2	Estudillo, cross E 14th then thru Mall
52.8	L	0.4	Hays Street
53.2	R	2	Williams Street
55.2	R	3.8	Doolittle Drive
59.0	R	0.6	Bike Path around Mt Trashmore
59.6	R	0.2	over Bike Bridge
59.8	R	0.5	Fernside Drive
60.3	L	1	Central Avenue to Peet's
61.3	Stop	0	Peet's Coffee, Central & Park